

19th Sunday in Ordinary Time Bulletin for 11th August 2024



OUR LADY OF THE MOUNTAINS PARISH

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ST. CHRISTOPHER'S PARISH

Main St. Highway 99, Mount Currie, BC

ST. FRANCIS OF ASSISI PARISH

1360 Pemberton Farm Road West, Pemberton, BC V0N 2L0

Pastor: Fr. Andrew L'Heureux Cell: 1-778-257-4203

Nineteenth Sunday in Ordinary Time

• [1 Kings 19:4-8](#) • [Psalm 34](#) • [Ephesians 4:30-5:2](#) • [John 6:41-51](#) •

This is enough, O Lord! Take my life. (1 Kings 19:4)

Elijah is fed up. Fleeing for his life into the desert, he finds his way to a broom tree, where he collapses in despair. Alone and exhausted, he prays for death: "This is enough, O Lord! Take my life" *1 Kings 19:4*. But God doesn't answer his prayer. Instead, he sends an angel to care for Elijah's needs. "Get up and eat," the angel commands the disillusioned prophet, lest "the journey will be too long for you" *1 Kings 19:7*. Elijah awakes and discovers that God has miraculously provided him with bread and water to strengthen him. Elijah had given up hope in the Lord, but the Lord had not given up on Elijah.

At some point, we may feel we have come to the end of our rope. Trials or grief, sickness or disappointment can rob us of our hope. Like Elijah, we might tell the Lord, "Enough!"

In those moments, our God is close to us, even if we can't feel it. Just as the Lord saw Elijah under that solitary broom tree, he sees us. He sees you. And just as he provided for Elijah, he will provide you with bread as well so that your journey won't be too much. But it won't be ordinary bread; it will be the "living bread that came down from heaven" *John 6:51*. It will be nothing less than Jesus' own flesh and blood, the Eucharistic bread that gives us eternal life.

Today as you go to Mass, come to Jesus with an open, sincere heart. Don't be afraid to be honest with him; tell him about your needs and your burdens. Then, as you receive his Body and Blood, receive his strength and hope. Even if you can't receive Jesus sacramentally today, he is still with you. He is filling you with the grace you need to continue on. He will answer your cry for help.

He will never give up on you!

the Word among us, August 2024

"Thank you, Lord, for sustaining me. Jesus, I trust in you!"

"Does our conduct correspond with our Faith?"

St. John Vianney

The Men's Retreat: Perfect Storms, 20th-22nd September | Rockridge Canyon Princeton, BC

Registration is now open for the Men's retreat facilitated by Jake Khym (founder of Life Restoration Ministries) and Sam Blair (retired US Navy SEAL). This prayerful weekend will provide inspiring talks, the Sacraments and outdoor adventures. This year's focus will be on the transforming love of Jesus amidst life's storms.

For information: www.liferestoration.ca/mens-retreat



Mass Times

Sunday Mass

Our Lady of the Mountains	Saturday	5:00 pm	Rosary & Confession 4:30 pm
Our Lady of the Mountains	Sunday	9:00 am	Rosary & Confession 8:30 am
St. Christopher's Mt. Currie	Sunday	11:30 am	
St. Francis of Assisi, Pemberton	Sunday	1:00 pm	

Daily Mass – 11th-16th August with Msgr. Jerry Desmond

Our Lady of the Mountains	Thursday	11:00 am (Funeral Mass), Friday 6:00 pm
St. Francis of Assisi, Pemberton	Friday	11:00 am

Our Lady of the Mountains

Rosary before Mass on Saturdays and Sundays: for those who have left the Church

Bible Study Tuesdays 5:00-6:00 pm – all welcome

MASS LECTORS



Our Lady of the Mountains

Sat 17th August Ralph

Sun 18th August Heidi

St. Francis of Assisi

Sun 18th August Liz
David

Sacrament of Reconciliation – 4:25-4:55pm Saturday, 8:25-8:55am Sunday or by appointment.

Contact Fr. Andrew L'Heureux Cell: 778-257-4203

† Blessed are those who have died in the Lord †



Margot Murdoch

Evening Vigil - Wednesday 14th Aug, 6:00-9:00 pm

Funeral - Thursday 15th Aug, 11:00 am

Our Lady of the Mountains

May her soul, through the mercy of God,
rest in peace.”

*Eternal God, have mercy on all who are buried.
Bring them into your kingdom of light and peace,
let them share joy with you for ever. Amen*

Prayer Request List

We ask that you include these people
in your prayers this week.

Sheeba Shahid

Angie Gray

Rosyl Bebosa

*The repose of the soul of
Margot Murdoch*

The Assumption of the Blessed Virgin Mary, 15th August

Catholics believe that God assumed Mary's body into heaven. As we prepare to celebrate this assumption of Mary into heaven, let us consider: what does it mean to us that we believe her body was taken into heaven, not left to decay in the grave? How does this influence the way we spend our lives?



Holy Family Caminos and Saturday 9:00am Hiking Masses

The next Hiking Mass is **this Saturday**, to Rainbow Falls.
The last Holy Family Camino for 2024 is from Mt. Currie
to Whistler from 30th Aug – 1st Sept. Register online.



Saturday Hiking Masses Meet at OLOM, 8:50 AM

Aug 10 Rainbow Falls (5 km)

Aug 24 Loggers Lake (2 km)

Holy Family Caminos to OLOM Whistler

Aug 30-Sep 1, 2024 Mount Currie (50km)

Construction Update

View this week's drone footage :

<https://vimeo.com/996382248>

Or connect via our Website, see above



Office Hours

Monday to Thursday 9:30am-3:00pm

In important or urgent matters, call:

Fr. Andrew, cell: 1-778-257-4203



Donations

QR code for PayPal or credit cards. Indicate your
donation destination: New Building/ Parish/ FIA/
etc. E-transfers to: <https://whistlercatholicchurch.ca/>