

# First Sunday of Lent Bulletin for March 10<sup>th</sup>, 2019



## OUR LADY OF THE MOUNTAINS PARISH

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**ST. CHRISTOPHER'S PARISH,**

Main St./Hwy 99, Mt. Currie

**ST. FRANCIS OF ASSISI PARISH**

1360 Pemberton Farm Rd W, Pemberton, Phone: 604-894-6622

**Pastor:** Fr. Dale Normandeau

**Rectory:** 604-938-6643 Cell: 604-905-9897

## MASS SCHEDULES

### SUNDAY MASSES

#### Our Lady of the Mountains

Saturday at 5:00 pm

Sunday at 9:00 am

#### St. Christopher's

Sunday at 11:00 am

#### St. Francis of Assisi

Sunday at 12:30 pm

### WEEKDAY MASSES

(March 11<sup>th</sup> to March 15<sup>th</sup>)

#### Our Lady of the Mountains

Tuesday, Mar 12<sup>th</sup> at 5:45 pm

Wednesday, Mar 13<sup>th</sup> at 7:00 pm

Thursday, Mar 14<sup>th</sup> at 11:00 am

Friday, Mar 15<sup>th</sup> at 5:45 pm

#### St. Christopher's

*NO Weekday Mass until March 21<sup>st</sup>*

#### St. Francis of Assisi

Friday, Mar 15<sup>th</sup> at 9:00 am

### Sacrament of Reconciliation

Before and after daily Mass.

Also, at Our Lady of the Mountains,

Saturdays at 4:00 pm to 4:45 pm,

Sundays at 8:00 am to 8:45 am

or by appointment by calling

**Fr. Dale at 604-938-6643**

"To what outrages does our Lord expose himself in the Blessed Sacrament that he may remain in the midst of us! He is there to console us, and therefore we ought often to visit him."  
*St. John Vianney*

## Scripture Reflection – 1<sup>st</sup> Sunday of Lent

*"You will be saved."* (Romans 10:9)

In today's second reading, St. Paul tells us that confessing that Jesus is Lord and believing in his resurrection will bring us to the ultimate goal of our lives: heaven itself. But this is one of those "gospel truths" that comes with an asterisk attached.

We recite the Nicene Creed at every Sunday Mass. It's another version of Paul's confession of faith. So, if we say it with faith, isn't that all we need to do to get to heaven? Not exactly. Remember, even the devil believes that Jesus is the "son of the Most High God" (Luke 8:28).

Remember too, that Jesus warns us, "Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven" (Matthew 7:21).

Clearly, there must be more to this than simply reciting the truths of our faith. Something has to happen inside of us as well. Something has to come into us to change us and make us become more and more worthy of the gift of eternal life. And that something is faith.

Faith in Jesus sanctifies our hearts. It directs the affections of our hearts toward Jesus. It moves us to say no to sin. The devil's "belief" didn't sanctify his heart. It didn't move him to have any affection for Jesus. If anything, it made him hate Jesus all the more. That's because he didn't put his faith in Jesus.

Every day this Lent, the Holy Spirit wants to move you toward a deeper faith, a faith that strengthens your love for Jesus and other people.

Think of it this way. Married couples know that love involves much more than saying and believing the words "I love you". They know it means staying united, working out differences, and putting each other above themselves. Likewise, confessing Jesus as Lord and believing it in your heart is much more than accepting a fact and saying it. Confessing and believing is a way of faith. It's a way of life. the WORD among us – Mar 2019

*"Jesus, I believe that you are the Saviour of the world.*

*Let this faith continue to sanctify my heart."*

## Women's Faith Study

Please join us for a short 5-week faith study during Lent on Thursday nights from 7:30-9:00pm at the parish. We will be reading Jacques Philippe's "Searching for and Maintaining Peace". Cost: about \$10 for the book. To register or for more information: [sarah@adamneilson.com](mailto:sarah@adamneilson.com)

## Office Hours

Monday, Wed, Thurs, Friday  
9:00 am to 3:00 pm

In important matters please call  
the rectory at 604-938-6643

## The Diocese of Kamloops

Please Visit:

[www.rcdk.org/weeklynews](http://www.rcdk.org/weeklynews)

Check it out:

Upcoming events,  
Official Appointments,  
Catechetical Corner

Chancery Office: ph 250-376-3351

visit [www.rcdk.org](http://www.rcdk.org)

## LITURGICAL MINISTRIES



### † EMC (Extraordinary Ministers of Holy Communion)

Saturday: **Arlene**

Sunday: **Edita**

### † Lectors

Sat, Mar 16<sup>th</sup>: **Heidi**

Sun, Mar 17<sup>th</sup>: **Jeanette**

### Coffee

Sun, Mar 17<sup>th</sup>: **Arlene**



### Vocation live-in

April 5-7, Mission BC

For boys or young men thinking  
of priesthood or consecrated life  
The Seminary of Christ the King  
Call 604-826-8715.

### Grief to Grace Program

May 2-5, 2019, Kelowna

Grief to Grace is a program for  
anyone who has suffered physical,  
emotional, or spiritual abuse.

Email [g2gkelowna@gmail.com](mailto:g2gkelowna@gmail.com)

or view [griegtograce.org](http://griegtograce.org)

### Sacrament of Baptism

**Olivia Alexandra Hinton**

daughter of

**James and Andrea Hinton**

March 9<sup>th</sup> at 3:00 pm

at Our Lady of the Mountains

## Welcome to Our Lady of the Mountains Catholic Church

We are a small Parish serving a very large visitor community. The majority of people you see in the church today are visitors from around the world. We rely on everyone's generosity to help us cover our daily operating costs. We want to sincerely thank you for being with us today and sharing in the life of the Holy Trinity in the celebration of the Eucharist. Thank you also for your generous donation.

### Liturgical Notes for the Season of Lent

✦ The highest point in the Church's year of prayer is the Paschal Triduum celebrating the dying and rising of the Lord Jesus. We prepare for this three-day period by the season of Lent and prolong it for the great 50 days of the Easter Season.

✦ Lent has a double purpose. It helps the catechumens to prepare for celebrating their Baptism, Confirmation and the Eucharist at the Easter Vigil and invites those who are baptized to prepare through penance and prayer to renew their baptismal vows at the vigil.

✦ During Lent, God's people do not sing "alleluia" until the believing community has undergone conversion and is ready to sing this chant with renewed meaning during the Easter Vigil.

✦ The Gloria is also omitted, although it is used on the Solemnities of St. Joseph and the Annunciation, and at the Chrism Mass.

✦ Musical instruments are used only to give necessary support to singing, not for solo playing. (GIRM, no.313)

### 2019 Share Lent



Share the journey with poor coastal communities in Tacloban, Philippines. In 2013, poor coastal communities in the Philippines saw their homes ravaged by Super Typhoon Haiyan. Thanks to your donations, Development and Peace and its local partners formed a consortium for the purchase of a piece of land that affected communities were empowered to transform into the Pope Francis village.

Watch the documentary *After the Storm* to follow the inspiring journey of these communities: <https://www.devp.org/en/Philippines-documentary>

### Create a Lenten Prayer Space

Create a Lenten prayer space in your home, perhaps on a small side table. Use violet cloth and reminders of the liturgical time. A small bowl of sand may remind your family of Jesus' temptations in the desert and his faithfulness to his mission. Add an alms box or basket to hold money saved by simplifying your diet and activities. Read the upcoming Sunday Gospel each week, and decide together on a symbol of its message to add to your prayer space. Gather here mornings and evenings for prayer together.

**Daily Lenten Meditations:** <https://dynamic.com/best-lent-ever>  
<https://www.lentreflections.com>

### Calendar

Mar 10<sup>th</sup> - Spring Forward – clocks change this Sunday at 1:00 am

Mar 10<sup>th</sup> - Whistler Chamber Music

Mar 17<sup>th</sup> - St. Patrick

Mar 19<sup>th</sup> - St. Joseph, Husband of the Blessed Virgin Mary,  
Principal Patron of Canada